



Carrie Ann Milstead

July 8, 1975 - November 7, 2025

Carrie Milstead, 50, of McKinney, Texas, passed away suddenly on November 7, 2025. Born in Oceanside, New York, Carrie built a life marked by compassion, dedication, and an unwavering love for her family and friends. Carrie spent many years working with Hilton Hotels before discovering her true passion in healthcare. She went on to serve as an Emergency Room Technician at Baylor Scott & White Medical Center in McKinney, where her steady presence and caring heart touched countless lives. Always driven to grow and give more, she had recently begun her first year of Respiratory Therapy studies, continuing her lifelong commitment to helping others. Carrie championed organ donation, believing deeply in the gift of giving life to others. She also held a Bachelor's degree in Accounting and Business, a testament to her dedication to learning and versatility.

Family was at the center of everything Carrie did. She is survived by her loving soulmate, Brian Milstead; her loving mother, Shirley McIntosh; her sister, Jaime Ambs; her children, Zach Harper and Jazin Milstead; her nephew, Spencer Robins; her niece, Allie Ambs; and her cherished granddaughter, Maddie North.

Carrie was preceded in death by her father, Bill McIntosh; her brother, Billy McIntosh; her mother-in-law, Debra Smith; and her father-in-law, Marc Smith. Visitation will be held at Anderson Bethany Funeral Home on December 5, 2025, from 4:00 p.m. to 8:00 p.m.

Funeral services will take place at the same location on December 6, 2025, at

10:00 a.m.

Carrie's kindness, resilience, and generosity will be remembered by everyone who had the privilege of knowing her. She leaves behind not only a legacy of dedication to her work and studies but, more importantly, a legacy of love.

Previous Events

Funeral Service

DEC 6. 10:00 AM (MT)

Anderson-Bethany Funeral Home and Crematory
2609 South Main
Roswell, NM 88203
(575) 622-5888
abfh@andersonbethany.com

Tribute Wall



“ 1 file added to the album *Memorial Video*



Anderson - Bethany Funeral Home and Crematory - January 14 at 12:33 PM

TL

“ *Tennise L. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Carrie Ann Milstead.*

Tennise L. - December 05, 2025 at 02:27 PM

AV

“ *I still can't believe you're gone. Work doesn't feel the same without your laugh, your light, and the way you could make even the hardest days feel bearable. You weren't just a coworker — you were my comfort, my sounding board, my safe place in the middle of all the chaos. Thank you for every moment you showed up for me, for every joke, every conversation, every piece of advice, and every time you reminded me that I wasn't alone. I hope you knew how much you meant to me — not just at work, but in life. Aviance ❤️❤️*

Aviance Victor - December 01, 2025 at 05:35 AM

PE

“ *Pete planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Carrie Ann Milstead.*

Pete - November 28, 2025 at 02:51 PM



“ Love's Journey was purchased for the family of Carrie Ann Milstead.



November 28, 2025 at 02:51 PM



“ I worked with Carrie in the ER. She brought nothing but happiness and sunshine to work even during some tough shifts. We even shared a healthy obsession with handbags and which one we were going to buy next. I will always hold a special place in my heart for Carrie. Thoughts and prayers for her family during this hard time.

Kaitlyn Jones - November 27, 2025 at 02:25 PM



“ Carrie we worked together. It was like Ms Grump and Sunshine. I was blessed to work with you were always so positive and believed in the good of everyone. You were so caring towards everyone and wanted to be a nurse. I know you would have made an amazing nurse and respiratory therapist. I was thinking this is what your family was notifying me about. I am so blessed to have met you. You came into my life when my kids were leaving for college. I was able to tell you all my fears and you gave me great advice. Until we meet again my friend, know that I survived my kids college because of you. My prayers are for Brian and your family. You will be missed!!



Miriam Brainard - November 21, 2025 at 07:46 PM

PW

“ I have no words that could, even in the slightest measure, offer you any comfort. Shirley, you raised a beautiful, smart, funny and fiery young woman. Carrie was loved and she loved.

Patti Clo Wilcox - November 20, 2025 at 06:51 PM

AP

“ My first best friend. I have so many memories with you. From Wham dance parties, mud covered Saturday nights, Walmart snafus, card parties with Dr Peppers out of tin cups. We learned to drive together and cruised all over town. I had the best times with you and I will cherish the memories.

Amy Price - November 19, 2025 at 12:39 PM